

A typical weekly programme

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		8.30 - 9.00	8.30 - 9.00	8.30 - 9.00	8.30 - 9.00	9.30 - 10.30	
Teaching session		9.00 - 11.00	9.00 - 11.00	9.00 - 11.00	9.00 - 11.00	9.00 - 11.00	To Keswick, the largest town in the Lake District, to visit the stone circle, the puzzle place, a local history museum, the market, shopping and boat ride on the lake
Break		Tutorials	Tutorials	Tutorials	Tutorials	Tutorials	
Teaching session		11.30 - 1.00	11.30 - 1.00	11.30 - 1.00	11.30 - 1.00	11.30 - 1.00	
Lunch		1.15	1.15	1.15	1.15	1.15	Picnic lunch
Afternoon	Arrival, introductions, orientation and guided walk around the lake	Meeting to discuss the weekly programme then a trip into the local village, Ambleside	2 groups for baking and drama/voice workshops	Treasure hunt around the local village of Grasmere	Intensive discussion workshop	Choice of volleyball in Ambleside park or guided self-study session	Barbecue and Fancy dress party in Nab Cottage disco
Dinner	7.00	7.00	7.00	7.00	7.00	7.00	
Evening	Candlelit dinner in the top barn, meet new students	Yoga session or walk to local pub	DVD evening	Trip to theatre	Art session making mosaics and lanterns	Storytelling	